



Welcome to FutureCare Canton Harbor - located just minutes from the I-95 corridor with breathtaking waterfront views. We are located minutes away from Baltimore's finest hospitals, making it an excellent choice for post-acute care.



Canton Harbor offers warm and inviting patient rooms equipped with Wi-Fi and flat screen televisions, beautiful dining rooms, and state-of-the-art rehab.



I-895 SPUR North: I-895 SPUR N becomes Harbor Tunnel Trwy. Take Boston Street exit number 10, take ramp down and towards the right. Follow around and to the right and through the light passing by the Royal Farm store. Follow down about 1 mile and make a right onto S Ellwood Ave., just past the Du Burns Arena.

From 95 South: Take exit 57 Boston Street and follow about 1 mile. Make a right onto S. Ellwood Ave., just past the Du Burns Arena.

From 95 North: Take second exit after toll booth - Boston Street exit 57. Follow about 1 mile and make a right onto S. Ellwood Ave., just past the Du Burns Arena.



FutureCare

CANTON HARBOR

1300 South Ellwood Ave Baltimore, MD 21224
Phone (410) 342-6644 www.futurecare.com

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Featuring
VitalStrong™
Rehabilitation



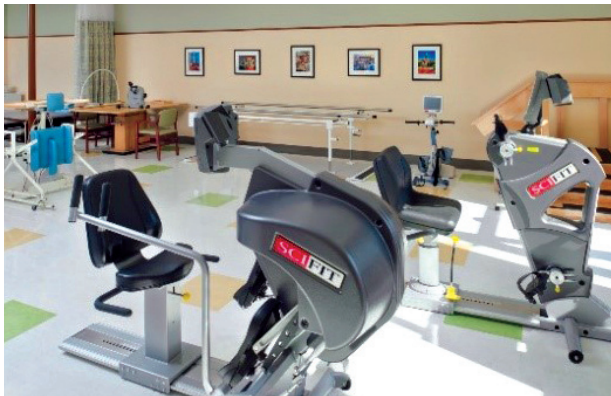
Getting you home faster and stronger



Our staff prides itself on providing comprehensive short-stay rehabilitation services through our VitalStrong™ program. VitalStrong™ has been developed to provide state-of-the-art clinical and rehabilitation services utilizing progressive technology, with clinical oversight by a physiatrist – a doctor of physical medicine and rehabilitation.

Our team of experts, including licensed physical and occupational therapists and speech language pathologists, provide therapy services up to seven days per week.

We are proud to offer our innovative **BreatheStrong** program for pulmonary rehabilitation. Our in-house respiratory team and consulting pulmonologist work together with the rest of your treatment team to expedite your recovery and optimize your health.



Healthcare Services

- Enhanced therapy in collaboration with Johns Hopkins Physical Medicine and Rehabilitation
- Medical director and physician services
- Nurse practitioner
- Around-the-clock nursing services
- VitalStrong™ - Comprehensive rehab services up to seven days a week featuring state-of-the-art rehab equipment and treatment modalities
- Physical therapy, occupational therapy and speech therapy daily
- BreatheStrong - Short-term pulmonary rehabilitation for patients with chronic respiratory disease
- WalkStrong orthopedic rehabilitation
- Full-time respiratory services
- IV therapy with bedside PICC line placement when needed
- Wound care and pain management
- Pharmacy, laboratory and radiology services
- Nutritional services
- Case management and social services
- Therapeutic recreational activities

State-of-the-Art Rehab Equipment

HawkGrips – Manual soft tissue mobilization instruments used to break down scar tissue and other soft tissue restrictions.

VitalStim Plus – Neuromuscular electrical stimulator which re-educates muscles involved in swallowing. The therapist can project a live session onto a computer screen for the patient to see real time results.

Omnicycle – Upper and lower extremity bicycle which provides visual biofeedback of performance.

BITS: Bioness Integrated Therapy System – Interactive touchscreen program for use in PT, OT and SLP. The computerized activities focus on visual scanning, visual motor, visual pursuit and cognition.

Game Ready – Cold compression system for musculoskeletal and soft tissue injuries.

FEES – Fiberoptic endoscopic evaluation of swallowing.

Sung Do Motor Driving Rehabilitation Exerciser

Other Equipment – Parallel bars, bariatric stairs and standing frame, fully equipped kitchen and fully equipped bathroom.

E-Stim, Ultrasound, and Diathermy are available at all FutureCare locations.