



Welcome to FutureCare Homewood, located in the heart of Baltimore city on North Charles Street. Homewood is minutes away from Baltimore's finest hospitals. This proximity makes Homewood an excellent choice for post-acute care.



Our on-site dialysis center enables those requiring dialysis to receive treatments without having to travel to an outside provider.

FutureCare Homewood offers warm and inviting patients rooms equipped with Wi-Fi and flat screen televisions.



From Towson: Take North Charles Street south to 29th Street (past Johns Hopkins University and the Baltimore Museum of Art) where you will bear to the right and turn left onto Maryland Avenue. Go 2 blocks and turn left on 27th Street. Go 1 block and turn left into the entrance circle.

From the Inner Harbor: Take Charles Street north to the intersection of 27th Street. Turn left on 27th Street and immediately turn into the entrance circle on the right.

From the Jones Falls Expressway: Take the 28th Street exit. Follow 28th Street to Maryland Avenue. Turn right on Maryland Avenue. Go 1 block and turn left on 27th Street. Go 1 block and turn left into the entrance circle.

Our parking garage is located on the left on North Charles Street between 26th and 27th streets. Please remember to bring your ticket to the front desk for validation.



FutureCare

HOMWOOD

35 | YEARS OF CARING

2700 North Charles St, Baltimore, Maryland 21218
(410) 554-6300 www.futurecare.com

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Featuring
VitalStrong™
Rehabilitation



Getting you home faster and stronger



Our staff prides itself on providing comprehensive short-stay rehabilitation services through our VitalStrong™ program. VitalStrong™ has been developed to provide state-of-the-art clinical and rehabilitation services utilizing progressive technology, with clinical oversight by a physiatrist – a doctor of physical medicine and rehabilitation.

Our team of experts, including licensed physical and occupational therapists and speech language pathologists, provide therapy services up to seven days per week.

At Homewood, we are proud to offer two specialty programs under VitalStrong. Our innovative **HeartStrong** Cardiac Rehab Program is designed to help those with cardiac disease get stronger and return home better able to manage their cardiac care. Our consulting Cardiologist collaborates with our in-house physicians, nurses, and therapy team to expedite your recovery and optimize your health.

Our Comprehensive **WalkStrong** orthopedic rehab program uses state-of-the-art therapy and equipment to get you up and moving quickly following hip, knee, shoulder, neck or back surgery. Our goal is to get you back home faster and stronger.



Healthcare Services

- Nurse practitioner and physician services
- Around-the-clock nursing services
- VitalStrong™ – Comprehensive rehab services up to seven days a week featuring state-of-the-art rehab equipment and treatment modalities
- HeartStrong – Cardiac rehabilitation
- WalkStrong – Comprehensive orthopedic rehabilitation
- Progressive Pulmonary Care Unit – 31 bed ventilator and trach care and weaning
- On-site Dialysis
- IV therapy with bedside PICC line placement when needed
- Wound care and pain management
- Pharmacy, laboratory and radiology services
- Nutritional services
- Case management and social services
- Therapeutic recreational activities

State-of-the-Art Rehab Equipment

Alter G Anti-Gravity Treadmill – Allows accurate, safe and comfortable partial weight bearing while promoting normal gait pattern. Normalizes walking mechanics sooner after surgery.

Scifit Recumbent Stepper – Lower extremity exerciser allowing full leg extension to strengthen quadriceps and hamstring muscles.

HawkGrips – Manual soft tissue mobilization instruments used to break down scar tissue and other soft tissue restrictions.

VitalStim Plus – Neuromuscular electrical stimulator which re-educates muscles involved in swallowing.

BITS: Bioness Integrated Therapy System – The computerized activities focus on visual scanning, visual motor, visual pursuit and cognition.

Game Ready – Cold compression system for musculoskeletal and soft tissue injuries.

Jintronix – A mobile virtual reality rehabilitation system.
FEES – Fiberoptic endoscopic evaluation of swallowing.

Biolase Laser – Cutting edge technology designed for painful conditions including muscle and joint pain and stiffness, minor arthritis pain, muscle spasms, minor sprains, strains and back pain.

Neurogym Sit to Stand Trainer – Providing graduated support of the standing and sitting motion to enable safe, effective strengthening of weight-bearing muscles.

We also feature:

- Tollos Lift and Track/Harness
- Biodex Balance System
- Cybex Universal System
- Keiser Bike and Functional Trainer
- Car Simulator
- Parallel bars, fully equipped kitchen and fully equipped bathroom
- Bariatric Stairs and Standing Frame

E-Stim, Ultrasound, and Diathermy are available at all FutureCare locations.