

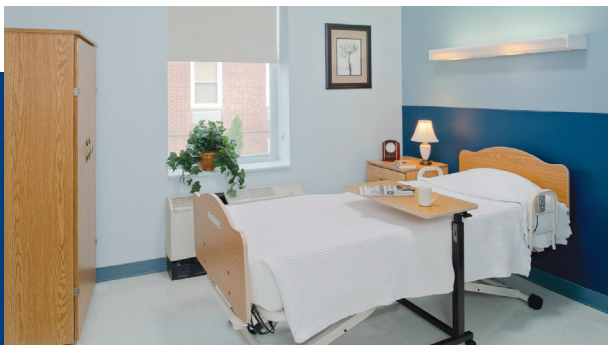


Welcome to FutureCare Irvington, located just outside Catonsville on a beautiful 15 acre campus.

Our on-site dialysis center enables those requiring dialysis to receive treatments without having to travel to an outside provider.



FutureCare Irvington offers warm and inviting patient rooms equipped with Wi-Fi and flat screen televisions.



From North or West: I-695 (Baltimore Beltway) to Exit 16B; Go East on I-70 toward the “Park & Ride”. Go around the bottom of the Park & Ride and exit and exit at Cook’s Lane. Get in the left lane, and continue straight, through the light, until you reach a dead end at Edmondson Ave, then turn left. After the third light, turn diagonally right onto Old Frederick Rd. Be aware of speed bumps - Go slow. At the next light, turn right onto Athol Ave. The facility is on the right, about 1 block down. Turn into the driveway and go past the building to the large parking lot.

From South: I-695 to Exit 13, Frederick Rd. East. Go 6 lights (Approx. 2.5-3 miles) and turn left onto Athol Ave. Go past the first driveway and turn left. Follow directions to the parking lot.

From East: Follow directions on I-695 or take Route 40 West (Franklin St.) and turn left onto Athol Ave. Continue until you see the entrance to the facility on the right.



FutureCare
IRVINGTON

35 | YEARS OF CARING

22 South Athol Avenue Baltimore, MD 21229
(410) 947-3052 www.futurecare.com

FutureCare
IRVINGTON

Featuring
VitalStrong™
Rehabilitation



Getting you home faster and stronger



Our staff prides itself on providing comprehensive short-stay rehabilitation services through our **VitalStrong™** program. VitalStrong™ has been developed to provide state-of-the-art clinical and rehabilitation services utilizing progressive technology, with clinical oversight by a physiatrist – a doctor of physical medicine and rehabilitation.

Our team of experts, including licensed physical and occupational therapists and speech language pathologists, provide therapy services up to seven days per week.

At Irvington, we are proud to offer our comprehensive **WalkStrong** orthopedic program. This program uses state-of-the-art therapy and equipment to get you up and moving quickly following hip, knee, shoulder, neck or back surgery. Our goal is to get you back home faster and stronger.

Irvington also offers a 50 bed Progressive Pulmonary Care Unit for the treatment and weaning of ventilator patients. Long-term ventilator care is also available.



Healthcare Services

- Nurse practitioner and physician services
- Around-the-clock nursing services
- VitalStrong™ – Comprehensive rehab services up to seven days a week featuring state-of-the-art rehab equipment and treatment modalities
- WalkStrong – Comprehensive orthopedic rehabilitation
- Progressive Pulmonary Care Unit – 50 bed ventilator and trach care and weaning
- On-site Dialysis
- IV therapy with bedside PICC line placement when needed
- Wound care and pain management
- Pharmacy, laboratory and radiology services
- Nutritional services
- Case management and social services
- Therapeutic recreational activities
- FEES & Vital Stim Certified Speech Therapist

State-of-the-Art Rehab Equipment

Scifit Recumbent Stepper – Lower extremity exerciser allowing full leg extension to strengthen quadriceps and hamstring muscles.

HawkGrips – Manual soft tissue mobilization instruments used to break down scar tissue and other soft tissue restrictions.

VitalStim Plus – Neuromuscular electrical stimulator which re-educates muscles involved in swallowing.

BITS: Bioness Integrated Therapy System – The computerized activities focus on visual scanning, visual motor, visual pursuit and cognition.

Game Ready – Cold compression system for musculoskeletal and soft tissue injuries.

FEES – Fiberoptic endoscopic evaluation of swallowing.

Other Equipment – Parallel bars, stairs and standing frame, fully equipped kitchen and bathroom.

E-Stim, Ultrasound and Diathermy are available at all FutureCare locations.