

When life throws  
you a curve ball,  
FutureCare has the  
team to get you  
back in the game.

FutureCare is proud to introduce **VitalStrong™**, our comprehensive, short-stay rehabilitation program.

**VitalStrong™** has been developed to provide state-of-the-art clinical and rehabilitation services utilizing progressive technology, with clinical oversight by a physiatrist - a doctor of physical medicine and rehabilitation.

Our team of experts, including licensed physical and occupational therapists and speech language pathologists, provide therapy services seven days per week, at all of our locations.



**VitalStrong™**  
by FutureCare

**FutureCare Canton Harbor**

1300 South Ellwood Avenue  
Baltimore, MD 21224  
410.342.6644

**FutureCare Capital Region**

1051 Brightseat Road  
Landover, MD 20785  
240.487.4400

**FutureCare Charles Village**

2327 North Charles Street  
Baltimore, MD 21218  
410.889.8500

**FutureCare Cherrywood**

12020 Reisterstown Road  
Reisterstown, MD 21136  
410.833.3801

**FutureCare Chesapeake**

305 College Parkway  
Arnold, MD 21012  
410.647.0015

**FutureCare Cold Spring**

4700 Harford Road  
Baltimore, MD 21214  
410.254.3300

**FutureCare Courtland**

7920 Scotts Level Road  
Baltimore, MD 21208  
410.521.3600

**FutureCare at  
Good Samaritan**

1601 E. Belvedere Avenue  
Baltimore, MD 21239  
410.532.5600

**FutureCare Homewood**

2700 North Charles Street  
Baltimore, MD 21218  
410.554.6300

**FutureCare Irvington**

22 South Athol Avenue  
Baltimore, MD 21229  
410.947.3052

**FutureCare Lochearn**

4800 Seton Drive  
Baltimore, MD 21215  
410.358.3410

**FutureCare Northpoint**

1046 South North Point Rd.  
Baltimore, MD 21224  
410.282.0100

**FutureCare Old Court**

5412 Old Court Road  
Randallstown, MD 21133  
410.922.3200

**FutureCare Pineview**

9106 Pineview Lane  
Clinton, MD 20735  
301.856.2930

**FutureCare Sandtown**

1000 North Gilmor Street  
Baltimore, MD 21217  
410.669.2750

[www.VitalStrong.com](http://www.VitalStrong.com)

**VitalStrong™**  
by FutureCare

Getting you  
home faster  
and stronger

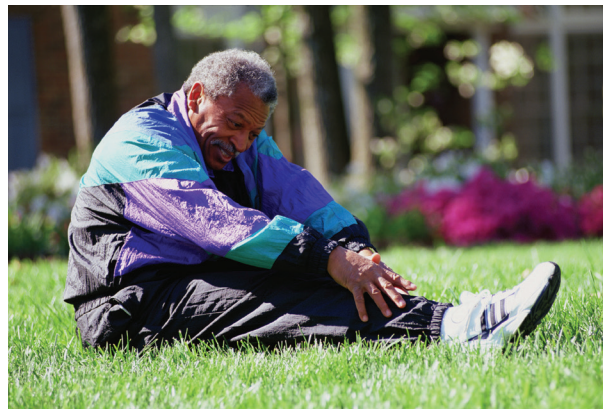
“VitalStrong is my  
new home team for  
rehabilitation!”

*Rick Dempsey*



**Our progressive clinical and rehabilitation team share one goal... getting you home faster and stronger.**

A dedicated care navigator will guide you through your treatment process from admission to discharge and will update your primary care physician on your progress, at your request.



## **Patient Benefits**

- Helping you to achieve your optimal recovery before returning home reduces your chance of re-admission to the hospital.
- Our dedicated short-stay unit allows you to meet other people with the same goal - **getting home faster and stronger.**
- A doctor specializing in physical medicine and rehabilitation (physiatrist) is on the VitalStrong™ team and works collaboratively with the therapists on your treatment goals.

**Education is part of your rehabilitation and longer term success at home...our specialized program includes this important component.**

## **HeartStrong**

### **Cardiac Rehabilitation**

Cardiologists from Baltimore's top hospitals work with our HeartStrong team to develop an individualized plan that will expedite your recovery and optimize your cardiac health.

## **BreatheStrong**

### **Pulmonary Rehabilitation**

Your BreatheStrong team, which includes a consulting Pulmonologist and a full-time Respiratory Director will develop a customized treatment plan to help you optimize your breathing techniques.

## **WalkStrong**

### **Orthopedic Rehabilitation**

The FutureCare orthopedic rehabilitation program is designed to get you up and moving quickly with the goal of getting you home faster and stronger.

## **CAMP Strong**

### **Comprehensive Amputee Management Program**

VitalStrong has teamed with a local expert on prosthetics and orthotics to create a comprehensive amputee management program to follow you from surgery to home and beyond.

